# **Eldora State Training School**



### Purpose

The State Training School at Eldora provides treatment and educational services within a highly structured setting to assist youth who are adjudicated delinquent. Eldora has 130 beds.

## Who Is Helped

The State Training School at Eldora provides treatment and educational services to delinquent boys between the ages of 12-18.

In SFY16, 290 youth were served:

- There were 131 admissions and 140 discharges.
- The average daily census was 114.
- Thirty-nine court-ordered 30-day diagnostic evaluations were completed.

The average child has had eight prior placements, is 16.74 years of age, and has special education needs. The average stay is almost 10.5 months.

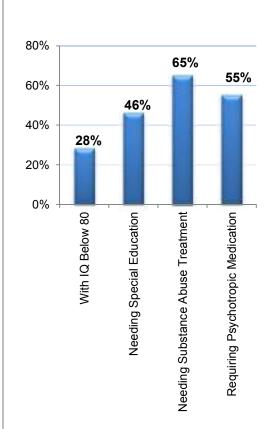
The youth admitted to STS have been increasingly difficult to serve and are more behaviorally and mental health involved:

 The percentage of youth needing psychotropic medications has increased consistently for several years, from 33% requiring psychotropic medications in SFY09 to 55% requiring psychotropic medications in SFY16.

As of July 21, 2016, the 114 STS in-house youth's previous placements were as follows:

- 85 in residential treatment
- Many had frequent prior placements in multiple psychiatric hospitals and PMIC placements for a total of 143 previous placements.

#### **Eldora Students in SFY16**

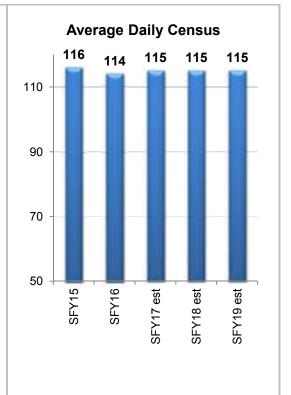


✓ The Honor Corps is comprised of the top 10 percent of the student body. The Honor Corps provides students with a forum for leadership, growth, and achievement.

#### Services

#### Services include:

- Comprehensive 24/7 residential treatment program providing a variety of educational, psychological, psychiatric, and behavioral programs.
- Specialized treatment services to sex offender youth as well as intensive substance use disorder treatment.
- High school and high school equivalency.
- Vocational certifications in welding and other occupational specialties.
- Treatment includes anger management, gang diversion, basic social skills and behavior modification.
- Provides specialized evaluation services for juvenile court officers and judges.
- STS students have access to PALS and Aftercare services upon discharge.
- Achieving Maximum Potential (AMP) Council is available to students at the State Training School.
- Enhanced staffing to provide intensive and targeted counseling and treatment to youth with significant behavioral and mental health needs.



- ✓ In 2015 Eldora achieved a three-year re-accreditation by the American Correctional Association (ACA). ACA said Eldora's performance is among the elite in the country.
- ✓ The Bakery Careers program provides an opportunity to learn the food service industry. Students in the program provide 95 percent of the desserts and 33 percent of the bread and rolls for the daily menu.
- ✓ 64 percent (120 FTEs) of the staff are direct care, 5 percent (10 FTEs) are professional and treatment professionals, 4 percent (7 FTEs) are maintenance, 6 percent (12 FTEs) are other support staff, 11 percent (21 FTEs) are educational, and 10 percent (18.3 FTEs) are administrative.
- ✓ In SFY17, 83.5 percent of the Eldora Training School operating budget is for staffing costs and 16.5 percent is for support costs.
- ✓ The Prison Rape elimination Act (PREA) currently requires that Eldora enhance its staffing ratios to meet increased PREA requirements effective in October 2017. However, Eldora is currently very vigilant in keeping its students safe; it has passed current standards for PREA, and the increased staffing requirements are being strongly challenged and questioned from states across the nation. Because of its strong commitment to student safety and uncertainty regarding the increased staffing requirements, no added request is being made for funding to meet these standards.

Goals & Strategies	Goal: Improve Safety, Well-Being and Permanency for Iowa's Children Strategy:  • Improve social skills Goal: Improve Iowans' Employment and Economic Security Strategy:	Results SFY16:  • Post tests show 77 percent of youth improved on reading scores and 75 percent improved on math scores.
Cost of Services	<ul> <li>Improve educational skills</li> <li>For SFY16, (excluding education costs):</li> <li>Daily per diem rate: \$300.66</li> <li>Cost per episode of care: \$43,253.</li> </ul>	
	✓ 36 buildings on 361.2 acres (Iowa Prison Industries manages 286.1 acres)	
Funding Sources	The State Training School at Eldora is largely funded by state general funds with a small amount of funding from other sources.  The total budget for SFY17 total budget is \$16,101,650  • \$13,567,834 (84.3 percent) is state general fund  • \$2,533,816 (15.7 percent) is from other funding sources	SFY17 Funding  State General Funds (84%) Other Funding (16%)
Legal Basis	State:  Iowa Code, Chapters 218 and 233A  Iowa Administrative Code, 441 IAC 103	